

EDUCATION

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| Koç University, İstanbul PhD in Developmental Psychology | 2019-Present |
| Bilgi University, İstanbul Master's Degree in Clinical Psychology , Child and Adolescent Track Studied with partial scholarship | 2014-2018 |
| Koç University, College of Social Sciences and Humanities, İstanbul Bachelor of Arts in Psychology Studied with partial scholarship Degrees Awarded: Dean's Honor Roll | 2010-2014 |
| İzmir American Collegiate Institute, İzmir | 2005-2010 |

EXPERIENCE

Research Experience

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| Project Assistant of Dr. Sibel Halfon, Bilgi University Psychotherapy Research Laboratory | 2016-2019 |
| <ul style="list-style-type: none">• Worked on the research project named “Changes in Play Profiles of Children in Psychodynamic Psychotherapy and Relations with Treatment Outcome”• The study was being supported by Tubitak, and won a grant from International Psychoanalytic Association.• Collected and organized data, coordinated the assistants, coded the play sessions and pre-post assessments through standardized measures. | |
| Poster Presentation in SPR International Annual Meeting, Amsterdam | Summer 2018 |
| <ul style="list-style-type: none">• Presented the poster called “A Short Term Play Therapy Intervention with Children Under Foster Care” in the 49th Annual Meeting of the Society of Psychotherapy Research. | |
| Internship in Yale Child Study Center, Yale University, New Haven, Connecticut | Summer 2015 |
| <ul style="list-style-type: none">• Participated in case and project meetings, observed psychiatric interviews, and discussed articles under the supervision of Dr. James Leckman during 2 months. | |
| Assistant of Dr. Sibel Halfon, Bilgi University, İstanbul | 2014-2015 |
| <ul style="list-style-type: none">• Worked in İstanbul Bilgi University Psychological Counseling Center.• Helped data collection and organization for the research study being conducted in the center. | |
| Project Assistant of Dr. Banu Çankaya, Koç University, İstanbul | 2012-2014 |
| <ul style="list-style-type: none">• Worked on the Tubitak project named “Individual and Socio-Cultural Level Analysis of Sense of Belonging as a Protective Factor Against Stress and Suicidal Ideation in Turkey”.• Poster presented at 18th International Psychology Congress in Bursa.• Conducted literature review, translated items into Turkish, administered pilot test to selected subjects, analyzed pilot test results to finalize the instrument.• Made literature review for the related projects and wrote a related research proposal expecting a curvilinear association between belongingness and well-being. | |
| Project Assistant of Prof. Bilge Selçuk, Koç University, İstanbul | 2011-2012 |
| <ul style="list-style-type: none">• Worked in a project on mother-child interaction and socio-emotional development in preschool children. | |

- Collected data from the mothers with children aged 3-6 and transcribed the interviews.

Summer Internship in Prof. Aylin Küntay's Project, Koç University, İstanbul June 2011

- Worked in a longitudinal research project examining the language development of children and transcribed data.

Clinical Experience

Clinical Psychologist in Koruncuk Vakfı (Charitable Foundation), İstanbul 2016-Present

- Working in “Back to Biological Family Project”.
- Providing psychological support to the children who turned back to their biological families from the institutions.

Clinical Psychologist in Lunar Psychotherapy Center, İstanbul 2017-2019

- Conducted play therapy with children and talk therapy with adolescents.

Clinical Psychologist in Gymboree, İstanbul 2018-2019

- Provided psychological counseling to parents and teachers for the children in the center.

Intern Psychologist, İstanbul Bilgi University Psychological Counseling Center, İstanbul 2015-2017

- Conducted play therapy with children and talk therapy with adolescents.
- Took supervision concurrently from different clinical psychologists and psychiatrists.

Intern Psychologist, YDY Counseling and Research Center, İstanbul 2015-2017

- Conducted psycho-educational and emotional therapy, participated in case meetings, took part in projects, and helped office work (translation, literature review etc.)

Intern, Dr. Yankı Yazgan’s Clinic, İstanbul February 2014-June 2014

- Worked as an assistant, made clinical data management and research assistance.

Intern, Surp Pırgıç Armenian Hospital, İstanbul February 2014-June 2014

- Research assistance of clinical psychologist Oya Mortan (organized and translated data); observed in-patient visits, psychological interviews, and psychotherapy sessions.

Intern and Supervision Program, Institute for Behavioral Studies, İstanbul November 2013-January 2014

- The index of the program includes weekly seminars about different approaches of psychotherapy, trainings for the main counseling skills, watching and analyzing psychotherapy sessions (record or live), Gestalt group process, Debrief group activities, arts and psychodrama group, and different therapy techniques.

Intern, İstanbul University Çapa Medical School, İstanbul August 2013

- Observed treatment sessions of patients with personality disorders and group sessions of psychotic patients under the supervision of Prof. Dr. Doğan Şahin.

Intern, Bahçelievler Şeyh Zayed Orphanage, İstanbul July 2012

- Worked with the psychologists in the institution; observed children aged 0-12.

Teamwork/Volunteer Experience

Supervisor, Boğaziçi University “Gülümseyen Gözler” Project, Boğaziçi University, İstanbul 2017-Present

- Supervised the volunteer students in their process with children in Şeyh Zayed Orphanage biweekly for 2 years.
- Currently, giving trainings to volunteer students each semester on interaction with children.

Psychologist in Mother-Infant Group of Kızılay, İstanbul Fall 2017

- Conducted group sessions with Syrian mothers and their infants to strengthen their attachment and interaction with three other psychologists under Infant Mental Health Charitable Foundation of Turkey.

Kümyüp, Koç University Small Hearts Project, Koç University, İstanbul 2010-2014

- Worked in a Koç University Small Hearts Project targeting children in Şeyh Zayed Orphanage aged 3-6.
- Visited the orphanage weekly, spent three hours playing with the same child for a year to establish a secure bond to help him/her with his/her social development.
- Received trainings about communication with children and separation process; and received three supervisions in each semester about the attachment and relationship with the child.

Mentor, Office of the Dean of Students, Koç University, İstanbul 2012-2013

- Counseled and guided a group of freshman and ELC students during their one-year long orientation program to help them adapt to university life.

Kuyat, Koç University Summer Workshop, Koç University, İstanbul June 2011

- Worked as a volunteer in a summer camp for children aged 13-14. Gave drama lessons and organized a show at the end of the camp with the children.

Training

Art Psychotherapy for Trauma September 2018

- 4-day-training with Nur Dinçer Genç and Seda Güney in Art Psychotherapies Charity.

Children's Play Therapy Instrument (CPTI) September 2017

- Reliable coder after 20 hours training with Dr. Sibel Halfon.
- A rating method to rate children's play in play sessions.

Social Cognition and Object Relations Scale – Global Rating Method (Scors-G) June 2017

- Reliable coder after 12 hours training with Dr. Sibel Halfon.
- A global rating method to rate the TAT narratives.

Affect in Play Scale June 2017

- Reliable coder after 2 hours training with Dr. Sibel Halfon.

Child Process Q-Sort, İstanbul January 2017

- Reliable coder after 3 days training with Dr. Geoff Goodman.

The Attachment Doll Story Completion Task, İstanbul January 2017

- Reliable coder after 2 days training with Dr. Sait Uluç and Dr. Sibel Halfon.

Working with High-Risk Adolescents: Short-Term Psychotherapy Approach, İstanbul January 2015

- 2 days training with Dr. Matthew D. Selekman.

SKILLS

Languages Fluent in English, Beginner in French
Computer Microsoft Office (Word, Excel, PowerPoint); SPSS